



**The spiritual journey
towards the cave of Bethlehem
has begun...**

**Let our three gifts to our Savior and God
be our spiritual provisions:**

**Mercy and Forgiveness,
Fasting and Frugality,
Almsgiving and Compassion.**

**These three gifts soften our hearts
and weave for us a precious garment,
that we might receive our Great Guest;
that we might worship, with
tenderness and contrition
our Beloved King,
the Lamb slain from the foundation of the world.**

**“Come, ye faithful, and let us behold
where Christ was born,”**

**our Good Shepherd,
He Who comes to sacrifice Himself
for the sake of us, His sheep.**

*Your Fellow Traveler,
† Metropolitan Cyprian of Oropos and Phyle*

**November 15, 2015 (Old Style)
At the outset of the Nativity Fast**