



**When there is tenderness
in the heart,
then God is with us...**
(Saint Seraphim of Sarov)

**Show love, even if you will
reap nothing in return...
Thus will the world
be made fragrant...**
(Spyros Potamites)

**Just as a cherry tree
does not bear fruit
before shedding its flowers,
so man cannot
bear spiritual fruit
until he casts off
carnal vanity and
outward adornment.**
(Saint Nicolai Velimirovic)

**Our summer journey
has begun...
We have been escorted on our way
by All the Saints...
We are awaited
by the Holy Apostles...
Our Most Holy Mother
will welcome us
at her Dormition...
May we have a safe
sea journey...**

† June 7, 2022 (Old Style)
Fast of the Holy Apostles

**The Least Minster
of Christ's Sheep,
Girt with the Towel of Servitude,**

† Metropolitan Cyprian of Oropos and Phyle