



# The Period of the Nativity Fast Has Begun

November 15 – December 24, 2023

As is well known, sunflowers turn to the sun and follow it throughout the day. When, as the myth goes, the sun hides behind the clouds, they turn to each other to share their energy. Let us become for our brothers and sisters, especially now, during the Nativity Fast,

*Sunflowers of Christ...*

Supporting each other, and constantly turned towards the Sun of Righteousness, we place our hope in our rebirth in Christ.

“Let us embrace one another...

Let us forgive all things...”  
at the outset of our journey to Bethlehem...

November 15, 2023 (Old Style)

† Holy Martyrs Gurias, Samonas, and Habib

The Least Minister of Christ's Sheep,  
Girt with the Towel of Servitude,

† Metropolitan Cyprian of Oropos and Phyle