



■ † The Meeting of the Lord (2α February)

The Embrace of Your Heart*



At this Meeting, the Lord is surrounded on the one side by the Elder Symeon—righteousness which awaits salvation—and by Anna—a life of strict fasting and prayer, made alive by faith. On the other side stands the figure of intrinsic, comprehensive, and steadfast purity: Joseph the Betrothed.

Transmit all of these spiritual attitudes to your heart and you will meet the Lord—not as One being borne to you, but as One Who comes to you of His own accord.

You will take Him into the embrace of your heart, and you will sing a hymn that will pass throughout the heavens and gladden all the Angels and Saints.



(*) St. Theophan the Recluse, *Thoughts for Each Day of the Year According to the Daily Church Readings from the Word of God.*