



From daily life to that which abides forever...





Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Second Week of Great Lent Monday



I have wasted all my life with harlots and publicans; how shall I repent, even in my old age, of the sins I have committed?
 Maker of all things and Healer of the sick, before I perish utterly, save me, O Lord.

