



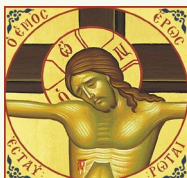
From daily life  
to that which abides forever...



## Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon  
Metaphrastes as our guides in compunction

Self-reproach...  
Repentance...



Humility...  
Tears...

## Third Week of Great Lent Monday



More than all men have I wilfully sinned,  
and so I am forsaken and left helpless.

As the adversary of my soul,  
I have the carnal thoughts that darken me.

O Light of those in darkness,  
Guide of all that go astray,  
before I perish utterly, save me, O Lord.

