



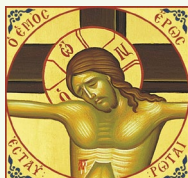
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Third Week of Great Lent Wednesday



O Lamb Who takest away my sin,
accept me as each day I sing to Thee.
Into Thy hands I commend myself entirely,
soul and body, and as my bounden duty
night and day I cry to Thee:
Before I perish utterly, save me, O Lord.

