



From daily life to that which abides forever...





Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Fourth Week of Great Lent Wednesday



Ineffable is Thy compassion,
O long-suffering Lord, supreme in love!
Sinless Thou art and merciful;
cast me not away from Thy presence, that with
thanksgiving and rejoicing I may cry to Thee:
Before I perish utterly, save me, O Lord.

