



From daily life to that which abides forever...





Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Fourth Week of Great Lent Thursday



I am wounded and smitten; see the enemy's arrows which have pierced my soul and body. See the wounds, the open sores and the injuries, I cry to Thee: see the blows inflicted by my freely-chosen passions.

