



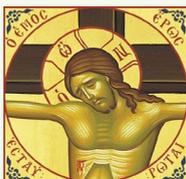
From daily life
to that which abides forever...



Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon
Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Fifth Week of Great Lent Wednesday



I have become mine own idol, utterly defiling
my soul with the passions, O compassionate Lord.
But accept me in repentance and call me back to knowledge.
Let me not become the possession and food of the enemy;
but do Thou, O Saviour, take pity on me.

