



From daily life to that which abides forever...





Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Fifth Week of Great Lent Thursday



O condescension past all speech!
O strange and wondrous birth!
How does the Virgin carry Thee as a child in her arms, for Thou art her Creator and her God!
O Benefactor Who hast consented to take flesh from her, before I perish utterly, save me, O Lord.