

From daily life to that which abides forever...

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Towards the Cross and the Resurrection With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach... Repentance...



Humility... Tears...

Sixth Week of Great Lent Tuesday



No sin has there been in life, no evil deed, no wickedness, that I have not committed, O Saviour. I have sinned as no one ever before, in mind, word, and intent, in disposition, thought, and act.

