From daily life
to that which abides forever...

Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...

Humility...
Tears...

Sixth Week of Great Lent
Thursday

He Whom thou hast loved, O Mother,
whom thou hast desired,
in Whose footsteps thou hast followed:
He it was Who found thee and gave thee
repentance, for He is God compassionate.
Pray to Him without ceasing, that we may be
delivered from passions and distress.