



## From daily life to that which abides forever...





## Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Holy and Great Monday St. Joseph the All-Comely



O Lord Who has created heaven and earth by Thy word,
Thou shalt sit upon the throne, and we shall all stand
in Thy presence and confess to Thee our sins.

Ere that day comes, accept me in repentance.

Before I perish utterly, save me, O Lord.