



From daily life to that which abides forever...





Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon Metaphrastes as our guides in compunction

Self-reproach...
Repentance...



Humility...
Tears...

Holy and Great Saturday
The Burial of the Divine Body of our Lord



For me Thou art the Fountain of life and the Destroyer of death; and from my heart 1 cry to Thee before the end: 1 have sinned, be merciful to me and save me.