



From daily life  
to that which abides forever...



## Towards the Cross and the Resurrection

With St. Andrew of Crete and St. Symeon  
Metaphrastes as our guides in compunction

Self-reproach...  
Repentance...



Humility...  
Tears...

## † The Resurrection of our Saviour



O Master and Lord,  
may my tears be unto me as Siloam,  
that I also may wash clean  
the eyes of my soul,  
and with my mind behold Thee,  
the pre-eternal Light.

