



From daily life
to that which abides forever...



Great Lent:
A journey with the Saints as our companions

With Love
at the stern...



...and Humility
in the sails.

† **Cheesefare Sunday**



1. Our neighbor: life and death

Abba Anthony said:

*“Our life and our death depend on our neighbor:
if we gain our brother, we gain God;
and if we scandalize our brother, we sin against Christ.”*

The life and the death of our soul depend on our neighbor. If we gain our brother with love, we gain God. If we scandalize our brother by our lack of love, we sin against Christ; we are separated from Christ, Who is Life, and our soul is deadened.

