



From daily life
to that which abides forever...



Great Lent:
A journey with the Saints as our companions

With Love
at the stern...



...and **Humility**
in the sails.

Third Week of Lent
† **Sunday of the Veneration of the Cross**



22. “I am to blame...”

Abba Isaiah taught the following:

He who possesses humble-mindedness takes on himself the fault or fall of his brother, saying: ‘I am to blame.’ He, however, who looks down on his brother believes himself to be wise, and thus he condemns, disdains, and reprimands his neighbor. Conversely, he who condemns himself and is conscious of his own sinfulness never disdains or hurts anyone.

