



From daily life
to that which abides forever...



Great Lent:
A journey with the Saints as our companions

With Love
at the stern...



...and Humility
in the sails.

Fifth Week of Lent
† **Sunday of St. Mary of Egypt**



36. Humility and the Fear of God

Abba John said:
“Humility and the fear of God
are above all virtues.”

Abba John taught:
Humble-mindedness—consciousness of our unworthiness—
and the fear of God—striving not to grieve our Lord—
are the loftiest virtues.

