



From daily life
to that which abides forever...



Towards Bethlehem,
with the holy monastic Fathers as our guides

In a spirit of
joyful sorrow...



...and bittersweet
self-reproach

Always battle bravely the spirit of
despair and discouragement.



St. Maximos the Confessor

“**The** man who desires to be saved is precisely he who does not resist therapeutic remedies. These remedies are pains and sorrows, brought on through a variety of misfortunes. The man who resists them knows neither what his purpose is in the present life nor what benefits he will enjoy when he departs from this world.”

